

1st Eye Surgery Date: _____

Post Op Date: _____

2nd Eye Surgery Date: _____

Post Op Date: _____

Instructions for Eye Surgery

All necessary forms and disclosures can be found at nashuaeye.com and/or novamedsurgeryofnashua.com. Paper copies are available upon request.

Completed forms can be:

- Dropped off at any of our three locations.
- Mailed to 5 Coliseum Ave., Nashua, NH 03063, Attn: Surgical Coordinators
- Faxed to 603-689-9230 or 603-689-9326
- Securely uploaded through your Nashua Eye account with Promptly

Billing

- We apologize that the billing process is complicated due to insurance company mandates. Please expect to potentially be invoiced before and after surgery for all applicable charges from both Novamed Surgery Center (603-689-9242) and Nashua Eye Associates (603-882-9800 x8006). If you have any questions, please do not hesitate to contact us.

Prior to Surgery Date

- Fill and receive your prescription eye drops as instructed by your surgeon.
- Complete and return Anesthesia Pre-Operative Evaluation at least 10 days prior to surgery.
- Obtain Pre-Operative Clearance from your Primary Care Physician.
 - Please bring the forms labeled Pre-Operative Clearance/Eval to your PCP to complete.
- Arrange for a responsible adult companion over age 18 to drive you home and possibly stay with you for 24 hours post-op.
 - *Please note: Taxi/Ride Share transportation is only permitted if you are accompanied by a responsible adult over the age of 18.*
- The Surgery Center will call you 24-48 hours prior to surgery with your scheduled arrival time.
 - *6:45 AM arrivals, please note that when the lights are on in the lobby, we will receive patients as our staff is also arriving at 6:45 AM.*

Night before Surgery

- Nothing to eat or drink after midnight the night before.
- Please notify the surgeon's office of any illness 24 hours ahead of your scheduled surgery when possible.
 - *i.e. cold, fever, infection, emergency room visits, or hospitalizations.*

Morning of Surgery

- You may take your blood pressure and heart medications with a sip of water.
- Please bring a photo ID and your insurance cards with you.
- Wear comfortable loose-fitting clothing. Do not wear any make-up.
- Hearing aids are allowed. If you have a case bring it along with you.
- Please leave jewelry and valuables at home. The Surgery Center is not responsible for them.
- Bring a list of medications you took the morning prior to arrival.

After Surgery

- Rest for the day. No driving for 24 hours.

Should you have any questions or concerns regarding your surgery, your drops or any of the forms needed, please contact us at 603-882-9800, Ext 8015, and one of our surgical coordinators will be happy to assist you.